



Patrick Lucocq BSc Cert Mgt PCBH DHyp BSCH (Full)

Patrick offers behavioural management and hypnotherapy sessions for the reduction of anxiety and phobia symptoms, managing pain and stress related symptoms as well shifting habits such as smoking, weight loss and self esteem needs in safe and professional manner. An area of speciality is his use of hypnosis for the management of dental treatment www.calmhorizon.co.uk . Patrick's personal and goal focussed approach means a clear and flexible programme of treatment geared to a permanent and beneficial change.

Patrick became interested in hypnotherapy as a result of having stress related headaches and interrupted sleep. He was so amazed with the improvement through hypnotherapy that he decided to retrain. Having 15 years experience in Dentistry gave Patrick the insight to the benefits of hypnotherapy for symptoms such as dental phobia, pain management prior to dental treatments as well as stress related TMJ pain, bruxism and day clenching.

Qualifications.

Diploma in Clinical Hypnotherapy- London College of Clinical Hypnosis. (Accredited by Greenwich University).

Associate Membership to the British Society of Clinical Hypnosis.

Associate Member Royal Society of Medicine.

Professional Certificate in Management.

Practitioner Diploma in Cognitive Behavioural Hypnotherapy- London College of Clinical Hypnosis

Full membership of the British Society of Clinical Hypnosis

Continuing Professional Development 2010 and beyond

Affiliate Membership to the British Medical and Dental Hypnosis Society..

Patrick ensures that he meets every professional and academic standard now and for the future.